

**Amanda H. Fey, ND**

301 West State Street Ithaca, NY 14850 Ph.(607) 275-9697

27 Jenison Avenue Johnson City, NY 13790 Ph. (607) 729-0591

Hello and Welcome!

Attached you will find pediatric intake forms. Before your child's scheduled appointment, please fill out the forms as thoroughly as possible. I know your time is valuable and by bringing your already completed intake forms with you will maximize the time spent at your health visit.

Your child's first visit will consist of a thorough assessment of his/her health history lasting between 45 minutes to an hour. Please bring copies of any recent lab work, as well as any supplements or medications your child is currently taking.

If you are unable to keep your child's scheduled appointment for any reason, please let us know so we can reschedule his/her visit at a more convenient time. A 24-hour notice is greatly appreciated.

I truly look forward to working with you and your child on the journey towards optimal health.

Warmly,  
Amanda H. Fey, ND

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**NEW PEDIATRIC INTAKE FORM (0-12 years old)**

Date \_\_\_\_\_ Child's name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender: Male or Female

Address: \_\_\_\_\_  
STREET OR PO BOX CITY, STATE, ZIP

Phone: Home \_\_\_\_\_ Work/Cell \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

If parents are separated, child primarily lives with: \_\_\_\_\_

Emergency contact-name, phone, relationship \_\_\_\_\_

How did you hear about our clinic? \_\_\_\_\_

**HEALTH HISTORY**

What are your child's most important health concerns? List them in order of importance

- 1. \_\_\_\_\_ Date of Onset \_\_\_\_\_
- 2. \_\_\_\_\_ Date of Onset \_\_\_\_\_
- 3. \_\_\_\_\_ Date of Onset \_\_\_\_\_
- 4. \_\_\_\_\_ Date of Onset \_\_\_\_\_
- 5. \_\_\_\_\_ Date of Onset \_\_\_\_\_

Is your child currently receiving healthcare for his/her concerns?  Yes  No  
If yes, where and from whom? \_\_\_\_\_

If no, when and where did you last receive medical or health care? What was the reason?  
\_\_\_\_\_

| <u>Previous Hospitalizations/Surgeries</u> | <u>Reason</u> | <u>Date</u> |
|--|---------------|-------------|
|  |               |             |
|  |               |             |

How would you describe your child's overall state of health (please circle)?  
Excellent      Good      Average      Fair      Poor

**PREVIOUS ILLNESSES**

|               |   |   |                 |   |   |
|---------------|---|---|-----------------|---|---|
| Measles       | Y | N | Rheumatic Fever | Y | N |
| Chicken Pox   | Y | N | Rubella         | Y | N |
| Mononucleosis | Y | N | Tonsillitis     | Y | N |
| Mumps         | Y | N | Ear Infections  | Y | N |
| Pneumonia     | Y | N | Seizures        | Y | N |

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**ALLERGIES**

Does your child have any allergies to drugs, food, or to the environment (animals, dust, mold, etc)

No  Yes If yes, please indicate what allergies and how he/she was tested:

\_\_\_\_\_

**VACCINATIONS**

- Diphtheria       Measles/Mumps/Rubella       Pertussis       Chicken Pox
- Tetanus       Hepatitis B       Polio       Pneumococcal
- HiB       Influenza       Other \_\_\_\_\_

**TYPICAL FOOD INTAKE**

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

Beverages: \_\_\_\_\_

Breast fed? \_\_\_\_\_ How long? \_\_\_\_\_ Formula (type)? \_\_\_\_\_

Were there any trouble introducing foods as infant? If yes, which foods and what were the difficulties? \_\_\_\_\_

**CURRENT MEDICATIONS**

Please list all current prescription medications and over the counter medications:

1. \_\_\_\_\_ Dose \_\_\_\_\_ Indication \_\_\_\_\_
2. \_\_\_\_\_ Dose \_\_\_\_\_ Indication \_\_\_\_\_
3. \_\_\_\_\_ Dose \_\_\_\_\_ Indication \_\_\_\_\_
4. \_\_\_\_\_ Dose \_\_\_\_\_ Indication \_\_\_\_\_

How many courses of antibiotics has your child had in the past 10 years? \_\_\_\_\_

**CURRENT SUPPLEMENTS**

Please list all current supplements including herbs, vitamins, and/or other supplements:

1. \_\_\_\_\_ Dose \_\_\_\_\_ Indication \_\_\_\_\_
2. \_\_\_\_\_ Dose \_\_\_\_\_ Indication \_\_\_\_\_
3. \_\_\_\_\_ Dose \_\_\_\_\_ Indication \_\_\_\_\_
4. \_\_\_\_\_ Dose \_\_\_\_\_ Indication \_\_\_\_\_

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**FAMILY HISTORY**

Please indicate if any family member has/had any of the following:

|                    |               |                    |               |
|--------------------|---------------|--------------------|---------------|
|                    | Family member |                    | Family member |
| Cancer             | _____         | Autoimmune Disease | _____         |
| Heart Disease      | _____         | Asthma/Allergies   | _____         |
| Diabetes           | _____         | Celiac Disease     | _____         |
| Depression/Anxiety | _____         | Hypertension       | _____         |
| Mental Illness     | _____         | Bleeding disorders | _____         |

**REVIEW OF SYSTEMS**

**N = Now**

**P = Past**

**MENTAL/EMOTIONAL**

|                     |   |   |                     |       |       |
|---------------------|---|---|---------------------|-------|-------|
| Irritability        | N | P | Mood swings         | N     | P     |
| Anxiety/nervousness | N | P | Hyperactive         | N     | P     |
| Poor concentration  | N | P | Unusual fears       | N     | P     |
| Sleep problems      | N | P | Nightmares          | N     | P     |
| Cries easily        | N | P | Introvert/Extrovert | _____ | _____ |

**SKIN**

|         |   |   |               |   |   |
|---------|---|---|---------------|---|---|
| Rashes  | N | P | Acne or Boils | N | P |
| Itching | N | P | Eczema/Hives  | N | P |

**HEAD**

|             |   |   |              |   |   |
|-------------|---|---|--------------|---|---|
| Headaches   | N | P | Dizzy spells | N | P |
| Head Injury | N | P | High Fevers  | N | P |

**EYES**

|                     |   |   |                    |   |   |
|---------------------|---|---|--------------------|---|---|
| Glasses or contacts | N | P | Tearing or dryness | N | P |
| Eye pain/strain     | N | P |                    |   |   |

**EARS**

|                  |   |   |          |   |   |
|------------------|---|---|----------|---|---|
| Impaired hearing | N | P | Earaches | N | P |
|------------------|---|---|----------|---|---|

**NOSE & SINUSES**

|                |   |   |               |   |   |
|----------------|---|---|---------------|---|---|
| Frequent Colds | N | P | Nose Bleeds   | N | P |
| Hay fever      | N | P | Stiffness     | N | P |
| Sinus Problems | N | P | Loss of Smell | N | P |

**MOUTH & THROAT**

|                      |   |   |              |   |   |
|----------------------|---|---|--------------|---|---|
| Frequent sore throat | N | P | Canker sores | N | P |
| Bleeding gums        | N | P | Breath odor  | N | P |

**RESPIRATORY**

|          |   |   |            |   |   |
|----------|---|---|------------|---|---|
| Cough    | N | P | Asthma     | N | P |
| Wheezing | N | P | Bronchitis | N | P |

**CARDIOVASCULAR**

|               |   |   |         |   |   |
|---------------|---|---|---------|---|---|
| Heart Disease | N | P | Murmurs | N | P |
|---------------|---|---|---------|---|---|

**GASTROINTESTINAL**

|                  |                     |   |                   |       |   |
|------------------|---------------------|---|-------------------|-------|---|
| Diarrhea         | N                   | P | Constipation      | N     | P |
| Belching/ Gas    | N                   | P | Stomachaches      | N     | P |
| Bowel Movements: | How many/day? _____ |   | Is this a change? | _____ |   |

**URINARY**

|                     |   |   |               |   |   |
|---------------------|---|---|---------------|---|---|
| Frequent urination  | N | P | Kidney stones | N | P |
| Frequent infections | N | P | Bed wetting   | N | P |

**MUSCULOSKELETAL**

|                      |   |   |                     |   |   |
|----------------------|---|---|---------------------|---|---|
| Joint pain/stiffness | N | P | Muscle spasm/cramps | N | P |
| Broken bones         | N | P |                     |   |   |

